

Making the Most out  
of 2005...

**LUKE 9 : 23**

And He said to all, "If anyone would come after Me, let him deny himself and take up his cross daily and follow Me.

**1 TIMOTHY 4 : 7 - 8**

Have nothing to do with irreverent, silly myths. **train yourself for godliness**; <sup>8</sup> for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.

**JOHN 1 : 14**

And the Word became flesh and dwelt among us, and we have seen His glory, glory as of the only Son from the Father, full of grace and truth.

**JOSHUA 1 : 8 - 9**

This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. <sup>9</sup> Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed,

**JOSHUA 1 : 8 - 9**

for the Lord your God is with you wherever you go."

**PSALM 1**

Blessed is the man who walks not in the counsel of the wicked,  
nor stands in the way of sinners,  
nor sits in the seat of scoffers;  
<sup>2</sup> but his delight is in the law of the Lord,  
and on His law he meditates day and night.  
<sup>3</sup> He is like a tree planted by streams of water that yields its fruit in its season,  
and its leaf does not wither. In all that he does, he prospers.

**PSALM 1**

<sup>4</sup> The wicked are not so, but are like chaff that the wind drives away.  
<sup>5</sup> Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous;  
<sup>6</sup> for the Lord knows the way of the righteous, but the way of the wicked will perish.

**PSALM 19**

The heavens declare the glory of God,  
and the sky above proclaims His handiwork.  
<sup>2</sup> Day to day pours out speech, and night to night reveals knowledge.  
<sup>3</sup> There is no speech, nor are there words, whose voice is not heard.  
<sup>4</sup> Their measuring line goes out through all the earth, and their words to the end of the world. In them He has set a tent for the sun...

**PSALM 19**

<sup>5</sup> which comes out like a bridegroom leaving his chamber, and, like a strong man, runs its course with joy.  
<sup>6</sup> Its rising is from the end of the heavens, and its circuit to the end of them, and there is nothing hidden from its heat.  
<sup>7</sup> The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure, making wise the simple;  
<sup>8</sup> the precepts of the Lord are right, rejoicing the heart; the commandment of

**PSALM 19**

the Lord is pure, enlightening the eyes;  
<sup>9</sup> the fear of the Lord is clean, enduring forever; the rules of the Lord are true, and righteous altogether.  
<sup>10</sup> More to be desired are they than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb.  
<sup>11</sup> Moreover, by them is Your servant warned; in keeping them there is great reward.  
<sup>12</sup> Who can discern his errors? Declare

**PSALM 19**

me innocent from hidden faults.  
<sup>13</sup> Keep back Your servant also from presumptuous sins; let them not have dominion over me! Then I shall be blameless, and innocent of great transgression.  
<sup>14</sup> Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my Rock and my Redeemer.

### PSALM 119 : 11

I have stored up Your word in my heart,  
that I might not sin against You.

### PSALM 119 : 14 - 16

In the way of Your testimonies I delight  
as much as in all riches.<sup>15</sup> I will meditate  
on Your precepts and fix my eyes on Your  
ways.<sup>16</sup> I will delight in Your statutes;  
I will not forget Your word.

### PSALM 119 : 92 - 93

If Your law had not been my delight,  
I would have perished in my affliction.  
<sup>93</sup> I will never forget Your precepts,  
for by them You have given me life.

### PSALM 119 : 103 - 105

How sweet are Your words to my taste,  
sweeter than honey to my mouth!  
<sup>104</sup> Through Your precepts I get  
understanding; therefore I hate every  
false way. <sup>105</sup> Your word is a lamp to my  
feet and a light to my path.

### COLOSSIANS 3 : 16

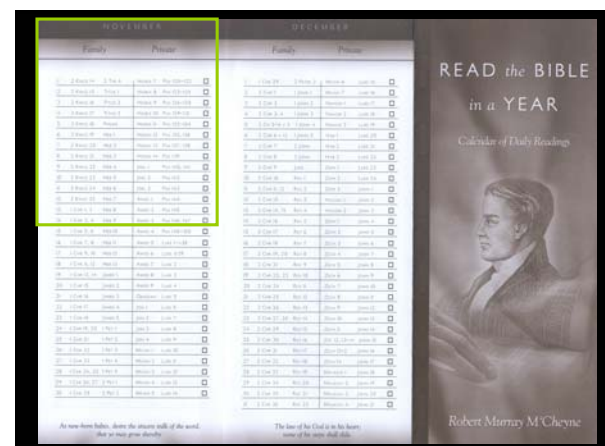
Let the word of Christ dwell in you richly,  
teaching and admonishing one another  
in all wisdom, singing psalms and  
hymns and spiritual songs, with  
thankfulness in your hearts to God.

### HEBREWS 4 : 12

For the word of God is living and active,  
sharper than any two-edged sword,  
piercing to the division of soul and of  
spirit, of joints and of marrow, and  
discerning the thoughts and intentions of  
the heart.

### HEBREWS 5 : 12 - 13

Anyone who lives on milk, being still an  
infant, is not acquainted with the  
teaching about righteousness. <sup>14</sup>But  
solid food is for the mature, who by  
constant use have trained themselves to  
distinguish good from evil.



| NOVEMBER |            |         |          |              |                          |
|----------|------------|---------|----------|--------------|--------------------------|
| Family   |            |         | Private  |              |                          |
| 1        | 2 KINGS 14 | 2 TIM 4 | HOSEA 7  | PSA 120-122  | <input type="checkbox"/> |
| 2        | 2 KINGS 15 | TITUS 1 | HOSEA 8  | PSA 123-125  | <input type="checkbox"/> |
| 3        | 2 KINGS 16 | TITUS 2 | HOSEA 9  | PSA 126-128  | <input type="checkbox"/> |
| 4        | 2 KINGS 17 | TITUS 3 | HOSEA 10 | PSA 129-131  | <input type="checkbox"/> |
| 5        | 2 KINGS 18 | PHILEM  | HOSEA 11 | PSA 132-134  | <input type="checkbox"/> |
| 6        | 2 KINGS 19 | HEB 1   | HOSEA 12 | PSA 135, 136 | <input type="checkbox"/> |
| 7        | 2 KINGS 20 | HEB 2   | HOSEA 13 | PSA 137, 138 | <input type="checkbox"/> |
| 8        | 2 KINGS 21 | HEB 3   | HOSEA 14 | PSA 139      | <input type="checkbox"/> |
| 9        | 2 KINGS 22 | HEB 4   | JOEL 1   | PSA 140, 141 | <input type="checkbox"/> |
| 10       | 2 KINGS 23 | HEB 5   | JOEL 2   | PSA 142      | <input type="checkbox"/> |
| 11       | 2 KINGS 24 | HEB 6   | JOEL 3   | PSA 143      | <input type="checkbox"/> |
| 12       | 2 KINGS 25 | HEB 7   | AMOS 1   | PSA 144      | <input type="checkbox"/> |
| 13       | 1 CHR 1, 2 | HEB 8   | AMOS 2   | PSA 145      | <input type="checkbox"/> |
| 14       | 1 CHR 3, 4 | HEB 9   | AMOS 3   | PSA 146, 147 | <input type="checkbox"/> |



| Bible Study 2       |                   |        |                  |
|---------------------|-------------------|--------|------------------|
| 92 Day Reading Plan |                   |        |                  |
| Day 1               | James 1           | Day 47 | John 19          |
| Day 2               | James 2           | Day 48 | John 20          |
| Day 3               | James 3           | Day 49 | John 21          |
| Day 4               | James 4           | Day 50 | Jonah 1 & 2      |
| Day 5               | James 5           | Day 51 | Jonah 3 & 4      |
| Day 6               | John 1:1-18       | Day 52 | Ruth 1           |
| Day 7               | John 1:19-51      | Day 53 | Ruth 2           |
| Day 8               | John 2            | Day 54 | Ruth 3           |
| Day 9               | John 3            | Day 55 | Ruth 4           |
| Day 10              | John 4            | Day 56 | Obadiah          |
| Day 11              | John 5            | Day 57 | Psalms 92 & 93   |
| Day 12              | John 6:1-24       | Day 58 | Psalms 94        |
| Day 13              | John 6:25-71      | Day 59 | Psalms 95        |
| Day 14              | John 7            | Day 60 | Psalms 96        |
| Day 15              | John 8            | Day 61 | Psalms 97 & 98   |
| Day 16              | John 9            | Day 62 | Psalms 99 & 100  |
| Day 17              | John 10           | Day 63 | 1 Corinthians 1  |
| Day 18              | John 11           | Day 64 | 1 Corinthians 2  |
| Day 19              | John 12           | Day 65 | 1 Corinthians 3  |
| Day 20              | Psalms 2          | Day 66 | 1 Corinthians 4  |
| Day 21              | Psalms 4          | Day 67 | 1 Corinthians 5  |
| Day 22              | Psalms 5          | Day 68 | 1 Corinthians 6  |
| Day 23              | Psalms 9          | Day 69 | 1 Cor. 7:1-16    |
| Day 24              | Psalms 12         | Day 70 | 1 Cor. 7:17-40   |
| Day 25              | Psalms 13         | Day 71 | 1 Corinthians 8  |
| Day 26              | Psalms 15         | Day 72 | 1 Corinthians 9  |
| Day 27              | 1 Thessalonians 1 | Day 73 | 1 Corinthians 10 |
| Day 28              | 1 Thessalonians 2 | Day 74 | 1 Corinthians 11 |
| Day 29              | 1 Thessalonians 3 | Day 75 | 1 Corinthians 12 |
| Day 30              | 1 Thessalonians 4 | Day 76 | 1 Corinthians 13 |
| Day 31              | 1 Thessalonians 5 | Day 77 | 1 Corinthians 14 |
| Day 32              | Psalms 27         | Day 78 | 1 Cor. 15:1-34   |
| Day 33              | Psalms 32         | Day 79 | 1 Cor. 15:35-58  |
| Day 34              | Psalms 34         | Day 80 | 1 Corinthians 16 |
| Day 35              | Psalms 40         | Day 81 | Ezra 1 & 2       |
| Day 36              | Psalms 63         | Day 82 | Ezra 3           |
| Day 37              | Psalms 73         | Day 83 | Ezra 4           |
| Day 38              | 2 Peter 1         | Day 84 | Ezra 5           |
| Day 39              | 2 Peter 2         | Day 85 | Ezra 6           |
| Day 40              | 2 Peter 3         | Day 86 | Ezra 7           |
| Day 41              | John 13           | Day 87 | Ezra 8           |
| Day 42              | John 14           | Day 88 | Ezra 9           |
| Day 43              | John 15           | Day 89 | Ezra 10          |
| Day 44              | John 16           | Day 90 | Malachi 1        |
| Day 45              | John 17           | Day 91 | Malachi 2        |
| Day 46              | John 18           | Day 92 | Malachi 3 & 4    |

**CADVAD Sheet**

Today's Scripture \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

1. What has God spoken to me about today through the reading of this chapter?  
\*Concerning Himself?

\*Concerning my life?

2. What don't I understand?

3. Other insights (repeated words, cross references, comparisons).

4. What am I going to do about it today?

5. What verse am I going to take with me today?  
List those with whom you shared yesterday's verse!

6. What can I pray back to God from this chapter?

**BOOK of the MONTH CLUB**

January  
"Be Complete"  
*Colossians*

February  
"Be Real"  
*1 John*

March  
"Be Real"  
*Hosea, Joel, Jonah,  
Nahum, Habakkuk, Malachi*

## THE NAMES OF GOD

**EL** - The Strong One - Ex 15:2; Nu 23:22;  
Dt 7:9; Mark 15:34  
**EL ELYON** – The God Most High - Ps 78:35  
Gen 14:17-22;  
Daniel 4:34  
**JEHOVAH JIREH** – The Lord will Provide –  
Gen 22:13-14; Ps 23;  
Mk 10:45; Rom 8:2  
**JEHOVAH TSIDKENU** – The Lord our  
Righteousness –  
Jer 23:5-6; 33:16

**East Asia**

**Steve Sanders**  
Agency: English Language Institute (ELIC)  
Year Began Service: 2002

**Prayer:** (Refer to the 7 Ways to Pray)  
• Wisdom and skill in teaching as well as in new administrative responsibilities  
• Opportunities to share and people to build into  
• Direction from the Lord for future ministry

**Ministry:**  
Steve works with an English language program in both teaching and administration. His desire is to build friendships and to share the reason for the Hope that is in him.

**I COMMITTED TO:**

1. Reading through the Bible
2. Regular Bible study
3. Verse memorization
4. Memorizing specific Bible information
5. Memorizing Bible chapters
6. Joining the Book of the Month Club
7. Praying for all the countries
8. Praying for CPC missionaries
9. Regular daily prayer
10. Fasting and praying
11. Leading Family Devotions
12. Sharing my faith regularly
13. Singing Hymns

"...Discipline yourself for the purpose of godliness" 1 Timothy 4:7  
A copy of your contract will be sent to you.

## SPIRITUAL DISCIPLINES CONTRACT

The Scriptures & Memorization

1. I will read through the Bible in 2005, using:  
☐ McChesney's Method  
☐ Another Method  
☐ Tract Method  
☐ My own Method  
☐ Discipleship Journal's Reading Plan
2. I will spend at least \_\_\_\_ hours a week in Bible Study
3. I will memorize at least one verse every:  
☐ week  
☐ month  
☐ every two weeks

## SPIRITUAL DISCIPLINES CONTRACT

4. I plan to learn & memorize these before 2006:  
☐ All of the Old Testament  
☐ All of the New Testament  
☐ The 10 Commandments (Deut 6:5-21)  
☐ The 12 Disciples (Luke 6:12-16)  
☐ The 12 Tribes of Israel (Genesis 29:31; 30:24; 35:18)  
☐ The Beatitudes (Matthew 5 – 7)  
☐ An Overview of the Old Testament (Acts 7)  
☐ The Names of God (from sheet on table)
5. I plan to memorize:  
☐ Acts 7  
☐ 1 Corinthians 13

## SPIRITUAL DISCIPLINES CONTRACT

- ☐ Romans 8  
☐ Philippians 4  
☐ Revelation 3  
☐ Psalm 51  
☐ Sermon on the Mount
6. I plan to join the College Park Church Book of the Month Club  
 —includes reading entire book of the Bible each month  
 —includes purchasing & reading Wiersbe's "Be" series on each book of the Bible

### **SPIRITUAL DISCIPLINES CONTRACT**

Prayer

7. \_\_\_ I will pray for every country in the world by the end of 2005
8. \_\_\_ I will pray for at least one College Park missionary every day in 2005
9. \_\_\_ I will spend at least:
- \_\_\_ 10 minutes in prayer every day
  - \_\_\_ 1/2 hour in prayer every day
  - \_\_\_ 45 minutes in prayer every day
  - \_\_\_ 1 hour in prayer every day
10. I plan to spend \_\_\_ days per month fasting & praying

### **SPIRITUAL DISCIPLINES CONTRACT**

Other

11. \_\_\_ I will lead family devotions at least:
- \_\_\_ Once a week
  - \_\_\_ 2x a week
  - \_\_\_ 3 or more x a week
12. \_\_\_ I will share my faith with someone at least \_\_\_ times per week/month
13. \_\_\_ I will commit to singing hymns on a regular basis. (pick up suggested hymns on the table)
- Name \_\_\_\_\_
- Address \_\_\_\_\_
- Phone \_\_\_\_\_ email \_\_\_\_\_
- Signed \_\_\_\_\_ Witness \_\_\_\_\_
- Date \_\_\_\_\_